



President's Message

from Peggy Stubbs

I am humbled to serve as the Society President for the next 2 years and at the same time, excited to think about how to build our visibility and membership. Since the conference, I have been working with other board members to articulate SMCR projects and initiatives. There are many! I have reactivated our Executive Committee (board officers) and we are tasked with working on internal organization, e.g., updating our bylaws, systematizing our policies and procedures (for example, articulating our listserv policy, systemizing our financial records, making sure all our documentation is "housed" safely and accessible).



Peggy Stubbs accepts the Golden Tampon, the symbol of SMCR leadership, from Jerilynn Prior.

In addition, here are some other things people are currently working on:

- Position Statement – Midlife and Perimenopause, to address confusing public and professional use of terminology relating to women's midlife reproductive transition. [leader: Jerilynn Prior]
- The Blog – has been reactivated! [leaders, Liz Kissling, Mindy Erchull]
- Website – [leaders: Liz Kissling (maintenance); Chris Hitchcock (searching for software to enhance membership renewal and conference management)]
- Membership – [leader: Chris Hitchcock]
- Fact Sheet on menstruation to be published through Sociologists for Women and Society; final drafts being reviewed – [leader: Chris Bobel]

- Newsletter – [leader: David Linton]
- Archives – [leader: Chris Bobel] Did you know that there is a collection of our material at the Schlesinger Library? Our collection includes our bylaws; minutes, 1979-2005; conference proceedings, 1989-2005; treasurer reports, 1980-2003; newsletters, 1987-2007; membership lists; totebags, video files on compact disc, and information about Also includes the organization's web site. If you want to search for yourself, <http://discovery.lib.harvard.edu/>.

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President's Message (cont.)

The record details are:

HOLLIS number: 01199686
Society for Menstrual Cycle Research.
Records of the Society for Menstrual
Cycle Research, 1978-2007 (inclusive).
.75 linear ft.(2 file boxes)

Available online: Archived web site:
<http://nrs.harvard.edu/urn-3:RAD.SCHL.WAX:4740890>

Link to HOLLIS record:
<http://hollis.harvard.edu/?itemid=%7Clibrary/m/aleph%7C011996861>
~Schlesinger 2009-M105

- Special Issue of Sex Roles still in progress (featuring papers from the 2009 conference) – [leaders: Ingrid Johnston-Robledo and Peggy Stubbs]

New projects to undertake suggested at the June meeting:

- Create Wikipedia Entry about SMCR – [leader: Chris Bobel]
- Explore the possibility of our own online journal – [leader: Joan Chrisler]
- Create a Task Force to look into using technology and media to make our work more visible and accessible (Youtube, virtual conferencing, Skype)
- Create a new SMCR Award “Making Menstruation Matter;” ideas for activities to be recognized through the award might be media coverage, activism, translating information about menstrual cycle research or the Society to general audiences, and raising public awareness about the menstrual cycle and/or the Society
- Create an award committee to keep track of SMCR awards and related processes

- Compile a summary of important findings from menstrual cycle research for use as a foundation for potential partnerships and/or grant applications – [I am interested in this one – please contact me if you are too: mstubbs@chatham.edu].

As you can see there is a lot going on, and a lot to do. I hope to provide regular updates about these initiatives and projects during the next 2 years and encourage members at large to contact leaders if you are interested in getting involved with one or more of them. As you will see, not all of the new initiatives have leaders, and many of the current ones could use additional input and energy.

Finally, planning for the 20th biennial conference in New York City in 2013 is underway, under the leadership of David Linton, Ingrid Johnston-Robledo and Alexandra Jacoby.

Two reminders:

1. even if a newsletter deadline isn't announced, send David Linton news about your work, your publications, and presentations....Good work is happening out there, and we want to publicize it both in-house, and more broadly, as our newsletter will be on our website.
2. Do vote in the upcoming election!

Vote Online
OCTOBER 1-15, 2011

Board Election this month

As part of the regular procedure for the election of SMCR Board members, this year there are four openings. There are five candidates and their Candidate Statements follow below.

The election takes place online. Instructions on how to vote will be emailed out to the membership on October 1, 2011.

Votes can be cast between October 1 and October 15, 2011.

Board Candidate Statements

The following statements have been submitted by the candidates standing for election to the SMCR Board. Election details and procedures are identified elsewhere in this issue of the Newsletter.

Joan C. Chrisler is Class of 1943 Professor of Psychology at Connecticut College, where she teaches courses on health psychology and the psychology of women. She has published extensively on issues related to women's health and embodiment, especially on attitudes toward menstruation, premenstrual syndrome, and body image. She edited *Sex Roles* from 2002 to 2006, and is editor of 10 books, including *Reproductive Justice: A Global Concern* (forthcoming, Praeger), *Handbook of Gender Research in Psychology* (2010, Springer), *Women over 50: Psychological Perspectives* (2007, Springer), and *From Menarche to Menopause: The Female Body in Feminist Therapy* (2004, Haworth). She was president of SMCR (2001-2003), and has also served the Society as a member of the Board of Directors (1999-2001, 2007-2011), as Chair of the Student Research Prize Committee (1989), as Conference Coordinator (Avon, 2001), and as

editor of the conference proceedings (1995, 2001). She would be happy to continue on the Board.

Jerilynn Prior has been active with SMCR since the mid-1980s, twice served on the Board and been President. Jerilynn is a full time professor of Endocrinology with a focus on women's cycles and ovulation and is the founder and Scientific Director of the Centre for Menstrual Cycle and Ovulation Research. As a clinician scientist, Jerilynn is known for her prospective and randomized controlled trial research about the importance of progesterone (in other words, normal ovulation) for women's bone health and for treatment of hot flushes. She is also known for describing and understanding the clinical importance of the higher and erratic estrogen levels of perimenopause.

Tomi-Ann Roberts: I received my Ph.D. in psychology from Stanford University in 1990. I am the Winkler Herman Professor of Psychology at Colorado College, where I have also been Director of Feminist and Gender Studies for many years. My research has focused on the sexual objectification of women and girls, and the psychological consequences of self-objectification. Among these are troublesome negative attitudes and emotions toward menstruation. I served on the American Psychological Association's Task Force on the Sexualization of Girls, and also as a "UbyKotex Advocate" and blogger for a campaign to provide young women with positive, accurate education around periods and vaginal health. Two personal menstruation factoids: 1. I did not get my first period until I was 16 years old! 2. my 15 year old daughter has designed, worn, and convinced many girls to wear "tampon applicator necklaces" in her public high school. SMCR has been a favorite professional home for me, and I look forward to working with respected colleagues to

Candidate Statements (cont.)

support its important work and enhance its profile.

Evelina Weidman Sterling, PhD, MPH, MCHES is a public health educator and researcher specializing in reproductive and women's health issues.

She is a best-selling and award winning author of several consumer health books focusing on fertility-related issues, including *Living with PCOS*, *Having Your Baby through Egg Donation*, *Budgeting for Infertility: How to Bring Home a Baby without Breaking the Bank*, and *Before Your Time: The Guide to Living Well with Early Menopause*.

Currently, she serves as an independent consultant having helped dozens of non-profit organizations, universities, and government agencies with all aspects of program development, implementation and evaluation. Dr. Sterling also serves as the President of Rachel's Well, a women's health non-profit organization addressing menstrual cycle health and primary ovarian insufficiency.

Jane M. Ussher: I first discovered menstrual cycle research when I read Mary Parlee's 1973 paper *The Premenstrual Syndrome*, when I was a third year undergraduate student. It was a revelatory moment, the first time I felt engaged with psychology as a discipline, the first paper that related to my own life, and most importantly, a paper written by a woman (when all of my lecturers were men, as were the authors of the majority of works they cited). It was also a very smart feminist critique, published in one of the most respected psychology journals, *Psychological Bulletin*. This paper directly inspired my PhD (completed at London University in 1986) and subsequent research on the construction

and experience of PMS. I'm now a Professor of Women's Health Psychology at the University of Western Sydney, Australia, having written 5 books, edited 5 books, and published over 120 papers and chapters, many of which are menstrual cycle related. I still do PMS research, and remain inspired by Mary Parlee and the other fore-mothers of 21st Century menstrual cycle research. I would be honoured to follow in their footsteps on the SMCR board.

SMCR 2011 Conference Report from Peggy Stubbs

SMCR's 19th Biennial meeting took place at Chatham University in Pittsburgh, PA, June 2–4. Presentations addressing the conference theme, *Embodied Consciousness, Informed Choices: Critical Perspectives on the Menstrual Cycle* were varied, entertaining, and thought provoking. Presentations addressed menarche, menopause, PMS, young women's and men's attitudes towards and experiences of menstruation and menstrual activism. **Dr. Sharra Vostral** (Associate Professor of Gender and Women's Studies and History at the University of Illinois) spoke about the complicated relationship between tampons and Toxic Shock Syndrome in her keynote address.



Dr. Sharra Vostral

A plenary panel on Friday morning focused our attention on stigma related to cycle and its impact on girls' and women's reproductive and emotional health and also as experienced by menstrual cycle researchers within the context of their career progression.

SMCR 2011 Conference Report (cont.)

A Saturday plenary panel focused on issues of sustainability related to the menstrual cycle and included discussion of the impact of menstruation on women's outdoor activities such as camping, as well as sustainable menstrual management in both developing and developed countries. Two additional plenary presentations were featured first, **Alexandra Jacoby** who described her 10 year project, **vagina vérité®** and second, **Dacia Charlesworth** (Associate Professor of Communication at Indiana University-Purdue University Fort Wayne) who offered an analysis of Tampax's Zack16 campaign. This year's conference was especially enriched by the contributions of international presenters who focused on menstrual-related research from India, Africa, Australia, and Israel, as well as Canada and Mexico.

A note about the conference organization:

Every attempt was made in planning and implementing the conference to economize, given the general state of the economy and the increasing difficulty that academic other researchers are having in obtaining funding for conference attendance. In academia, there is less, often no funding for conference attending, and sometimes funding is restricted to people who have been selected to present. The option of dorm housing at this year's conference offered a less expensive alternative for some. And because Chatham University co-sponsored this conference, we were able to reduce the cost associated with facilities and technical support. We will be challenged as we plan future conferences to think about how to keep costs down and yet encourage a robust number of conference attendees and presenters. The conference serves so many good outcomes – networking, sharing research ideas, learning new information about menstrual experience. For

me, it is my shot in the arm that helps keep me energized about my own work in between meetings. My hope is that we will continue with cost effective and well attended conferences well in the future, because as you all know, there's lots of work still to be done! Finally we experimented this year with video-streaming parts of the conference. The conference can be viewed at our website: <http://menstruationresearch.org/research/2011-conference-proceedings/>. I have not yet been able to view the video entirely and know that some sessions may be mislabeled. We will, of course, work on correcting any errors as soon as we can. This was a learning experience and has promise not only for archiving our conference work, but also perhaps for engaging remote/virtual attendees in the future.

In closing, I want to thank the conference committee, Judy Berg, Chris Bobel, Paula Derry, Heather Dillaway, Mindy Erchull, Ingrid Johnston-Robledo and Phyllis Mansfield, for their help all along the way, and offer special thanks to Liz Kissling and Alexandra Jacoby for on the spot technical assistance (often requested!). Thanks, also, to all attendees and presenters. Your participation made the conference a success.



Outdoor Banquet, Chatham University campus

Ann Voda Lifetime Achievement Award Presented

by Peggy Stubbs

The Society honored **Dr. Jerilynn Prior** this year with the **Ann Voda Lifetime Achievement Award**. This award was created in recognition of the valuable contributions that Ann Voda made during her career as a menstrual cycle researcher and founding member of the Society. The award is given to recognize an outstanding life time contribution to menstrual cycle research. Dr. Prior, an internationally acclaimed clinician-scientist, is a professor at the University of British Columbia. Her distinguished career has included documentation that disturbances of ovulation and progesterone production are common, even in regular cycles; that progesterone promotes bone formation and is needed to maintain normal bone in young women; and that perimenopause has erratic and higher, not dropping or low estrogen levels. In addition, Dr. Prior is the founder (in 2002) and scientific director of the Centre for Menstrual Cycle and Ovulation (CeMCOR) which focuses on ovulation and the relevance of progesterone to women's health.



Jerilynn Prior, Joan Chrisler

Last but not least, Jerilynn has been a long standing member of the Society. She has been on the Board of Directors for 10 years, was our conference coordinator in 2007 and served as past-president from 2007-9. She is a most worthy recipient of the Ann Voda Award and as such takes her place with previous awardees as a role model for us all.

Student Awards Presented

by Ingrid Johnston-Robledo

At the SMCR conference held at Chatham University, two students were awarded prizes for their research. **Meghan McLean** received the **Esther Rome Prize** for her presentation entitled, *Coaches' Perceptions of a Menstruating Athlete*. She conducted her research as a junior psychology major at Connecticut College with her faculty advisor, Dr. Joan Chrisler. Joan's colleague Jennifer Gorman was also a co-author on this presentation. Meghan's extremely positive experience at the SMCR conference helped foster a passion for research, which she plans to pursue in a doctoral program in social psychology when she graduates from Connecticut College. **Arpan Yagnik** was awarded the **Linda McKeever Prize** for his presentation entitled, *Construction of Menstruation in Indian Television Commercials*. This research was conducted at Bowling Green University, where Arpan is a second year doctoral candidate studying communications with an emphasis on health and development. His mentor is Dr. Srinivas Melkote, a distinguished scholar in development communications. He, too, had a very positive experience at the SMCR meeting, which is reflected in his statement: "Receiving the Linda McKeever Prize has boosted my confidence in my research and provided me with the impetus to take this forward. It provided me with the opportunity to connect with several scholars that are studying menstruation with different approaches. I am thankful to SMCR for providing a platform for me to share my ideas and gain acceptance and recognition." Within our organization, we strive to cultivate an environment within which students feel comfortable, supported, and valued. Recognition of high quality student research through these prizes is an important means to

Student Awards Presented (cont.)

both contribute to this environment and mentor future scholars and leaders in the Society.

re:Cycling is back!

by Elizabeth Kissling

After four months of amenorrhea, **re:Cycling** is online again, bigger and bolder than ever. Our posting was a bit spotty and irregular during the month of August, but now that September is here, our flow is more regular and consistent.

Our blogging team includes **Chris Bobel**, **Heather Dillaway**, **Chris Hitchcock**, **Alexandra Jacoby**, **Elizabeth Kissling**, **David Linton**, and **Laura Wershler**, with editorial support from **Mindy Erchull**, and a long list of promised guest posts. If you're one of those promised guest posters, you'll be hearing from me or Mindy soon. Please feel free to send in something any time.

There's lots of ways to make sure you don't miss any new posts. Of course, you can check the site regularly, at <http://menstruationresearch.org/blog>. We're averaging two new posts a week, plus a selection of recommended women's health-related links on weekends.

You can add our RSS feed to your RSS reader: <http://menstruationresearch.org/feed/>

We're also on Twitter, and links to new posts are immediately auto-Tweeted: http://twitter.com/re_Cycling_SMCR. We also tweet links to other articles of interest, and to posts by friends of re:Cycling.

We're on Facebook; you "like" our Facebook page, at <http://www.facebook.com/pages/reCycling/364690759431>, and links to new posts will show up in your Facebook news feed. Our Facebook friends sometimes see little extras, such as menstruation-related cartoons or jokes that don't make the blog.

You can subscribe to our email notification service, and receive an automated email message every time there is a new post: http://menstruationresearch.org/blog/post_notification_header-2/

If you're a new member (or a long-time member) and not familiar with our blog, please check it out. All of our archives are online, and they are indexed by date, author, and topic. You can also use the tag cloud (upper right corner of screen) and the category menu to search -- especially handy for those of you searching for menstrual material for your fall classes.



the "tag cloud"

The two best ways to support **re:Cycling** are first, comment on posts! Bloggers, like all writers, love feedback. We are eager to see your responses and engage in online

discussion with you and our other readers. Second, share our blog -- by linking to link to relevant individual posts when you comment on other blogs and internet forums, when you use our examples in your classes, and sharing the links to posts you like on Facebook, Twitter, and other social sites.

Blog Buzz in the Classroom

by David Linton

One of the most effective teaching resources I have employed recently is the SMCR blog, [re:Cycling](#). For the course, "Social Construction of Menstruation" I assign regular readings from the blog and we begin every Tuesday session with discussion of the latest set of items. The blog has taken on the character of a printed course pack or Blackboard shell that is constantly being added to in enriching ways. It's the perfect companion to longer theoretical or historical reading assignments.

To make things even better, several students have written original pieces and had them published on the site. For each of them it was their first time to be published and gave them a wonderful sense of satisfaction.

But perhaps the best testimony I can offer as to the usefulness and impact of re:Cycling is to share a student's response after completing an assignment to survey a selection of posts:

"I really must love Kissling! So many of her articles are things I'd like to say I think about quite often when they are brought up. When I found this post about chocolate cravings it made me think about cravings in general. . . . Like Kissling, I believe a chocolate craving has become a social construction and like all generalizations, they are hard to break. . . . She is a genius!"

I hope others are finding the blog as useful as I am. Perhaps in the next issue we can share other stories of how it was used in creative ways.

re: Cycling

By and About Our Members

Paula and Greg Derry have been collaborating on research to demonstrate that the menstrual cycle is the outcome of a nonlinear, dynamical, chaotic system. We have briefly described what we're doing in previous issues of the SMCR newsletter. Up to now, our research method has been to analyze the nature of the variability in the number of days in the menstrual cycle from cycle to cycle, using the Tremin research project data set, for evidence of chaotic dynamics. We would now like to start to analyze variability in hormone levels over time. We are looking for an existing data set with which to do this. We're looking into this on our own, but are also wondering whether anyone out there who has done research collecting hormone samples would be interested in making their data available to us, collaborating with us if you would like to. Alternatively, can anyone make suggestions about others who might be interested?

We are looking for a data set in which hormone measurements haven't been taken repeatedly at equal time intervals, for example daily, hourly, etc. If there is a cluster of measurements and then a break and then another cluster (e.g., take measurements daily for 6 months, stop for 6 months, start again) this is okay. We need, at the minimum, 500 data points, although a minimum of 1,000 would be better. The number of women from whom these data points are taken is not crucial, although the more points from each individual the better. In a truly ideal world, we would like to have multiple measurements (e.g., many different hormones) at each time point. If you would like to hear more about what we're doing or to discuss this further, please contact one of us. gderry@loyola.edu paula.derry@gmail.com

Joan Chrisler has recently published two articles that combine her work on the menstrual cycle with her work on body image, weight, and aging. SMCR members might find them of interest.

Chrisler, J. C. (2011). Leaks, lumps, and lines: Stigma and women's bodies. *Psychology of Women Quarterly*, 35, 202-214.

Chrisler, J.C. (2008). Fear of losing control: Power, perfectionism, and the psychology of women. *Psychology of Women Quarterly*, 32, 1-12.

Margaret (Peggy) Moloney: I received tenure as an associate professor in the Byrdine F. Lewis School of Nursing at Georgia State University (Atlanta, GA), this spring. I was also promoted to Doctoral Program Coordinator in nursing.

With co-author Constance Johnson, MD, I had a paper entitled "Migraine headaches: Diagnosis and management" published in the *Journal of Midwifery & Women's Health*. I also presented a poster of our recently completed online migraine study at the American Headache Society annual conference in June, in Washington, D.C.

Greg Smith: I am the Director of Education for You ARE Loved. We are a nonprofit organization focused on raising awareness about tampon related Toxic Shock Syndrome (TSS) and providing factual information about menstruation. In recent months we have officially become a nonprofit, created a website (www.you-are-loved.org), initiated a social media presence (Facebook: <https://www.facebook.com/amyelifritz> and Twitter: @youarelovedtss), launched blog-centric awareness campaign (<http://you-are-loved.org/links/>), and started to collaborate with other people and organizations –

especially relative to the creation of educational materials and curricula.

Our Executive Director, Lisa Elifritz, lost her 20 year old daughter, Amy, to TSS in June, 2010. In order to do everything possible to raise awareness about tampon related TSS, she founded You ARE Loved. The “ARE” in You ARE Loved ensures that Amy (Amy Rae Elifritz) is always a part of our identity. You can read her story here: <http://you-are-loved.org/80/amys-story/>

Laura Wershler, former executive director of Sexual Health Access Alberta, graduated in April 2011 with a Certificate in Journalism from Mount Royal University in Calgary, Alberta. As much fun as she had being a student again, Laura is glad an intense year of experiential learning is behind her.



Laura Wershler

A veteran sexual and reproductive health advocate, Laura took the one-year, post-degree program to prepare for what she calls her retirement career: writing about women's health issues. She is a regular contributor to re:cycling, the SMCR blog.

Laura was E.D. of Sexual Health Access Alberta from 2004 until the organization closed in July 2010. The small non-profit organization served Albertans for 35 years and had achieved many of its founding objectives. Laura led a graceful and strategic closure of the organization that involved the passing on of core programs to community partners.

As an aspiring journalist, Laura's primary goal is to apply her newly acquired skills to

in-depth reporting and analysis of women's health issues – to find voices that are not being heard and to tell stories that are not being told. Many such stories include the research and work of SMCR members. If you've got a project or program you believe is worthy of media coverage, please contact Laura by email: laura.wershler@shaw.ca.

In May 2011, **Saniya Ghanoui** presented her master's thesis, *Painting the Pages Red: a framing analysis of menstruation* in *Cosmopolitan* magazine, to a panel at Emerson College in Boston. She argued that the magazine created a dichotomy between sex and menstruation through language. More complex and adult language was used for the articles about sex while coverage of the period was done in an elementary manner. Saniya is currently examining the coverage of menstruation in fitness magazines.

Kati Bicknell, Founder of Kindara, Inc.: Kindara is a Natural Fertility Management system that uses a wireless oral thermometer and online software to help women chart their cycles, diagnose fertility issues, and/or get pregnant. We're excited about Kindara's potential to help millions of women meet their reproductive goals naturally, without medical procedures or side effects.

Here's the latest:

- We were accepted into the [Founder Institute](#) business incubator in NYC in March of this year. We're happy to announce that we graduated on June 29th with the highest rated pitch in our class :)
- In July, Dr. Joshua Klein became our Chief Medical Officer. Dr. Klein is an OB/GYN and a Fellow in Reproductive Endocrinology and Infertility at the Columbia University Medical Center. Dr. Klein believes strongly in empowering

women to take control of their reproductive health and we're glad to have him on our team.

- In August we finished the first working prototype of our wireless thermometer.

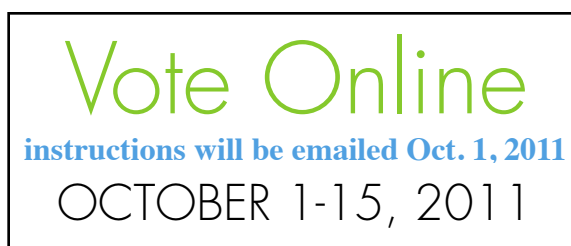
Our next step is fundraising to further develop our system and bring it to market next year. We already have some well-connected New York investors committed and plan to complete this round of fundraising by the end of October.

Here are three ways you can get involved:

1. Here's a video we made to apply to the Founder Showcase pitch competition: <http://foundershowcase.strutta.com/entry/188372> Let us know what you think. If you like it please vote for us, as the top entries get invited to pitch at the Showcase in San Francisco in November.
2. We are accepting a limited number of beta testers to help us improve our software. If you are a woman and already charting your cycle, you're invited to become a beta tester! Contact me for more info.
3. We are always looking to connect with people who are interested in this topic. If you're interested in learning more about Kindara or Natural Fertility Management, please get in touch!

Wishing you all the best,

Kati Bicknell
kati@kindara.com
 718 619 7049



Ethnographies about transgressing social expectations of the body

Embodied Resistance

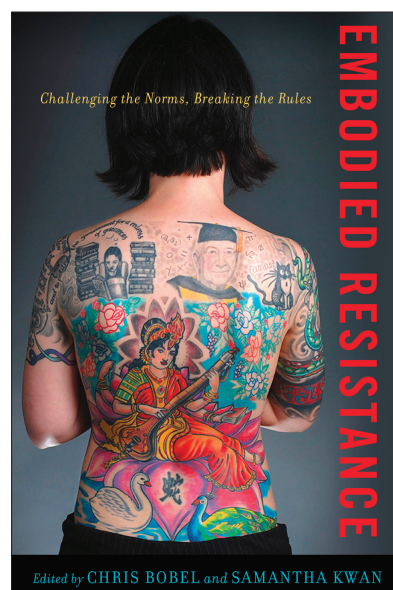
Challenging the Norms, Breaking the Rules

EDITED BY CHRIS BOBEL AND SAMANTHA KWAN

Embodied Resistance engages the rich and complex range of society's contemporary "body outlaws"—people from many social locations who violate norms about the private, the repellent, or the forbidden. This collection ventures beyond the conventional focus on the "disciplined body" and instead examines conformity from the perspective of resisters. Balancing accessibly written original ethnographic research with personal narratives, *Embodied Resistance* provides a window into the everyday lives of those who defy or violate socially constructed body rules and conventions.

Chris Bobel is Associate Professor in the Department of Women's Studies at the University of Massachusetts at Boston. She is the author of *The Paradox of Natural Mothering* and *New Blood: Third-Wave Feminism and the Politics of Menstruation*.

Samantha Kwan is Assistant Professor of Sociology at the University of Houston. She has published in *Qualitative Health Research*, *Sociological Inquiry*, and *Teaching Sociology*.



September 2011

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17 illus., references, index, classroom resources

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2013 Conference in NYC

by Ingrid Johnston-Robledo

The tentative conference theme for the 2013 conference is: *Making Menstruation Matter: Translating Our Knowledge into Action*. Our primary goal with this conference theme is to make menstrual cycle research and the Society more visible, accessible, and useful to lay people, educators, scholars, clinicians, and activists. At this conference, we hope to honor an individual with the new Society award for “Making Menstruation Matter.” This individual will hopefully give a presentation that reflects the extent to which her/his work has helped to make menstruation matter by increasing its visibility within the general public. The program co-chairs for this conference will be Chris Bobel (University of Massachusetts, Boston) and Dacia Charlesworth (Indiana University-Purdue University Fort Wayne). The call for papers will be distributed next fall.

Notes from the editor

David Linton

We intend to publish the next issue of the newsletter in May 2012. SMCR members are encouraged to submit material as early as possible so we can keep everyone up to date with the many exciting and valuable activities they are engaged in.

Submission Deadline for next edition
of the SMCR Newsletter:

APRIL 10, 2012

Member Data and Dues Project Update

by Alexandra Jacoby

This summer, we initiated a project to update our member database. We sent out two emails, providing your current member data and requesting corrections.

Thank you to all who participated! And, please do keep us up to date as things change in your life. Any time you have a change, please email info@menstruationresearch.org

The other part of the project relates to dues, both checking in to make sure we're all up to date, and also to change how we notify you about dues from a notice via printed mail to notice via email.

While you may have received dues notices by email in the past, it wasn't an official change of procedure. At our conference in June, the Board decided to make it official.

While our general procedure will be to send dues notifications via email after that, we can continue to mail dues notifications to members who wish to be notified by printed mail.

Just let us know that you prefer printed mail, by emailing info@menstruationresearch.org, or via printed mail, by Oct. 31, 2011.

Alexandra Jacoby
Society for Menstrual Cycle Research
333 East 45th Street, 21D
NYC, NY 10017

We value your membership, your input and support. Questions and comments are always welcome. If you're not sure where you stand with dues, or have question about any of this, email me at info@menstruationresearch.org